

Canine BPC-157 Peptide Protocol

Dog Size (Weight Range)	Purpose	Recommended Daily Dosage (mcg/kg)	Total Daily Dosage Example (mcg)	Administration Method	Units on 1mL Insulin Syringe (for Injection)	Timing	Frequency	Duration	Notes
Small (<10 kg / <22 lbs)	Healing (e.g., arthritis, joint pain, injuries, gut health)	Low: 2-5 mcg/kg Moderate: 5-7 mcg/kg High: 7- 10 mcg/kg (vet- supervised)	For 5 kg dog: Low: 10-25 mcg Moderate: 25-35 mcg High: 35-50 mcg	Subcutaneous (subQ) injection near injury site or abdomen; or oral capsule	For 25 mcg dose (at 250 mcg/0.1mL conc.): ~1 unit	AM/PM (split if > once daily)	Once or twice daily	2-4 weeks for acute issues; 1-3 months for chronic (with 1-week breaks every 30 days)	Start low for sensitive dogs; mix oral with food if needed. Monitor closely.
Medium (10-25 kg / 22-55 lbs)	Healing (e.g., arthritis, joint pain, injuries, gut health)	Low: 2-5 mcg/kg Moderate: 5-7 mcg/kg High: 7- 10 mcg/kg (vet- supervised)	For 15 kg dog: Low: 30-75 mcg Moderate: 75-105 mcg High: 105- 150 mcg	Subcutaneous (subQ) injection near injury site or abdomen; or oral capsule	For 100 mcg dose (at 250 mcg/0.1mL conc.): ~4 units	AM/PM (split if > once daily)	Once or twice daily	2-4 weeks for acute issues; 1-3 months for chronic (with 1-week breaks every 30 days)	Ideal for moderate arthritis; use oral for gut focus. Cycle to avoid tolerance.
Large (>25 kg / >55 lbs)	Healing (e.g., arthritis, joint pain, injuries, gut health)	Low: 2-5 mcg/kg Moderate: 5-7 mcg/kg High: 7- 10 mcg/kg (vet- supervised)	For 35 kg dog: Low: 70-175 mcg Moderate: 175- 245 mcg High: 245-350 mcg (Up to 500 mcg for >34 kg as starting point)	Subcutaneous (subQ) injection near injury site or abdomen; or oral capsule	For 250 mcg dose (at 250 mcg/0.1mL conc.): ~10 units	AM/PM (split if > once daily); 30 min before food for oral	Once or twice daily	2-4 weeks for acute issues; 1-3 months for chronic (with 1-week breaks every 30 days)	For big breeds with joint issues; halve oral dose initially if sensitive. Refrigerate reconstituted vial.